# Software Development Processes: *Extreme Programming*

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### Extreme Programming

- Waterfall model inspired by civil engineering
- Civil engineering metaphor is not perfect
  - Software is more organic than concrete
  - You "grow the software" to meet changing requirements
- Extreme Programming (XP) addresses this
  - A version of the iterative model discussed before

#### Goals

- Minimize unnecessary work
- Maximize communication and feedback
- Make sure that developers do most important work
- Make system flexible, ready to meet any change in requirements

#### History

- Kent Beck
  - Influential book "Extreme Programming Explained" (1999)
- Speed to market, rapidly changing requirements
- Some ideas go back much further
  - "Test first development" used in NASA in the 60s

#### **XP** Practices

- On-site customer
- The Planning Game
- Small releases
- Testing
- Simple design
- Refactoring

- Metaphor
- Pair programming
- Collective ownership
- Continuous integration
- 40-hour week
- Coding standards

## XP Process (2-3 week cycle)

- 1. Meet with client
  - User stories + acceptance tests
- 2. Planning game
  - Break stories into tasks, estimate cost
  - Client prioritizes stories to do first
- 3. Implementation
  - Write programmer tests first
  - Simplest possible design to pass the tests
  - Code in pairs
  - Occasionally refactor the code
- 4. Evaluate progress and Reiterate

### Extreme Programming (XP)

• XP: like iterative but taken to the *extreme* 



#### **XP** Customer

#### Expert customer is part of the team

- On site, available constantly
- XP principles: communication and feedback
- Make sure we build what the client wants

Customer involved active in all stages:

- Clarifies the requirements
- Negotiates with the team what to do next
- Writes and runs acceptance tests
- Constantly evaluates intermediate versions
- Question: How often is this feasible?

#### Example: Accounting Customer Tests

- Tests are associated with (one or more) stories
- 1. If I create an account "savings", then another called "checking", and I ask for the list of accounts I must obtain: "checking", "savings"
- 2. If I now try to create "checking" again, I get an error
- 3. If now I query the balance of "checking", I must get 0.
- 4. If I try to delete "stocks", I get an error

...

5. If I delete "checking", it should not appear in the new listing of accounts





#### **Customer can write**

#### (and later rerun tests)

E.g., customer writes an XML table with data examples, developers write tool to interpret table



#### Tests should be automated

To ensure they are run after each release

#### Tasks

- Each story is broken into tasks
  - To split the work and to improve cost estimates
- Story: customer-centered description
- Task: developer-centered description
- Example:
  - Story: "I can create named accounts"
  - Tasks: "ask the user the name of the account" "check to see if the account already exists" "create an empty account"
- Break down only as much as needed to estimate cost
- Validate the breakdown of stories into tasks with the customer

#### Tasks

- If a story has too many tasks: break it down
- Team assigns cost to tasks
  - We care about relative cost of task/stories
  - Use abstract "units" (as opposed to hours, days)
  - Decide what is the smallest task, and assign it 1 unit
  - Experience will tell us how much a unit is
  - Developers can assign/estimate units by bidding: "I can do this task in 2 units"

#### Play the Planning Game

An Iteration Planning Game



#### Planning Game

- Customer chooses the important stories for the next release
- Development team bids on tasks
  - After first iteration, we know the speed (units/week) for each subteam
- Pick tasks => find completion date
- Pick completion date, pick stories until you fill the budget
- Customer might have to re-prioritize stories

#### XP: Pair programming

- Pilot and copilot metaphor
  - Or driver and navigator
- Pilot types, copilot monitors high-level issues
  - simplicity, integration with other components, assumptions being made implicitly
- Disagreements point early to design problems
- Pairs are shuffled periodically

#### Pair programming



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### Benefits of Pair Programming

- Results in better code
  - instant and complete and pleasant code review
  - copilot can think about big-picture
- Reduces risk
  - collective understanding of design/code
- Improves focus and productivity
  - instant source of advice
- Knowledge and skill migration
  - good habits spread

### Why Some Programmers Resist Pairing ?

- "Will slow me down"
  - Even the best hacker can learn something from even the lowliest programmer
- Afraid to show you are not a genius
  - Neither is your partner
  - Best way to learn

### Why Some Managers Resist Pairing?

- Myth: Inefficient use of personnel
  - That would be true if the most time consuming part of programming was typing !
  - 15% increase in dev. cost, and same decrease in bugs
- Resistance from developers
  - Ask them to experiment for a short time
  - Find people who want to pair

#### **Evaluation and Planning**

- Run acceptance tests
- Assess what was completed
  - How many stories ?
- Discuss problems that came up
  - Both technical and team issues
- Compute the speed of the team
- Re-estimate remaining user stories
- Plan with the client next iteration

#### What's Different About XP

- No specialized analysts, architects, programmers, testers, and integrators
  - every XP programmer participates in all of these critical activities every day.
- No complete up-front analysis and design
  - start with a quick analysis of the system
  - team continues to make analysis and design decisions throughout development.

#### What's Different About XP

- Develop infrastructure and frameworks as you develop your application
  - not up-front
  - quickly delivering business value is the driver of XP projects.

#### When to (Not) Use XP

- Use for:
  - A dynamic project done in small teams (2-10 people)
  - Projects with requirements prone to change
  - Have a customer available
- Do not use when:
  - Requirements are truly known and fixed
  - Cost of late changes is very high
  - Your customer is not available (e.g., space probe)

### What can go wrong?

- Requirements defined incrementally
  - Can lead to rework or scope creep
- Design is on the fly
  - Can lead to significant redesign
- Customer representative
  - Single point of failure
  - Frequent meetings can be costly

#### Conclusion: XP

Extreme Programming is an incremental software process designed to cope with change

With XP you never miss a deadline; you just deliver less content